

Thursday, January 9

• Cancer Support Group - 2:00pm

Thursday, January 23

• Cancer Support Group - 2:00pm

Saturday, January 25

• Health Hub Saturday - 10:00am

Cancer Support Group

Time: 2:00pm

For individuals in all stages of cancer needing support. Caregivers and family member welcome.

Please contact Lisa Boschee, Willamette Valley Cancer Foundation, for more information.

503-435-6592

Health Hub Saturday

Time: 10:00am

Connect with community resources and learn how to support your child's growth! As parents, we all want the best for our children, and Willamette Valley Medical Center's Family Birthing Center is here to help.

- · Car Seat Clinic
- Childbirth Class Information
- Birth Center Tours
- Community Resources

Each month will feature a new service or resource for our local families. Come each month and expand your parenting skills.